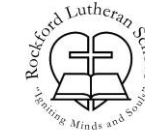




March 2010



RLA LUNCH MENU



Monday	Tuesday	Wednesday	Thursday	Friday
NO SCHOOL 1	2 SAUSAGE PIZZA *32 TOSSED SALAD W/ DRESSING *4 FRUIT CUP *20	3 BEEF RAVIOLI *34 TOSSED SALAD W/ DRESSING *4 FRUIT CUP *20	4 CHILI *36 CARROTS W/ DIP *4 FRUIT CUP *20	5 CORN DOG *15 FRENCH FRIES *17 CELERY W/ DIP *5 DESSERT *20
8 PEPPERONI PIZZA *32 TOSSED SALAD W/ DRESSING *4 FRUIT CUP *20	9 CRISPY CHICKEN WRAP *16 LETTUCE & TOMATO *4 CARROTS W/ DIP *4 DESSERT *20	10 LASAGNA ROLL W/ MARINARA *22 TOSSED SALAD W/ DRESSING *4 FRUIT CUP *20	11 HAMBURGER/CHEESEBURGER *33 BAKED CHIPS *19 CELERY W/ DIP *4 FRUIT CUP *20	12 BREADED CHICKEN PATTY *30 CHICKEN NOODLE SOUP *16 DESSERT *20
15 CHEESE PIZZA *30 TOSSED SALAD W/ DRESSING *4 FRUIT CUP *20	16 BOSCO STICKS W/MARINARA *52 TOSSED SALAD W/ DRESSING *4 DESSERT *20	17 SLOPPY JOE *30 TATER TOTS *17 CORN *8 FRUIT CUP *20	18 ALL BEEF HOTDOG *22 BAKED CHIPS *19 CORN *8 DESSERT *20	19 BREAKFAST SANDWICH *32 TATER TOTS *17 COTTAGE CHEESE *4 APPLESAUCE *20
22 SAUSAGE PIZZA *32 TOSSED SALAD W/ DRESSING *4 FRUIT CUP *20	23 CHICKEN STRIPS *30 MASHED POTATOES *58 CORN *8 DESSERT *20	24 SOFT SHELL TACO *3 LETTUCE & TOMATO *4 CARROTS W/ DIP *4 FRUIT CUP *20	25 HAMBURGER/CHEESEBURGER *33 BAKED CHIPS *19 CELERY W/ DIP *5 FRUIT CUP *20	26 BBQ RIB SANDWICH *32 TATER TOTS *17 GREEN BEANS *7 DESSERT *20
29 PEPPERONI PIZZA * 32 TOSSED SALAD W/ DRESSING *4 FRUIT CUP *20	30 FRENCH TOAST STICKS *38 TATER TOTS *17 COTTAGE CHEESE *4 PEACHES *20	31 GRILLED CHEESE *25 TOMATO SOUP *17 CELERY W/ DIP *5 DESSERT *20		

News

LUNCH W/ DRINK
\$3.25
DRINK ONLY
25 CENTS

TURKEY & CHEESE
OR HAM & CHEESE
AVAILABLE AS AN
ENTRÉE.

FRESH FRUIT
AVAILABLE FOR 75
CENTS

- **INDICATES**
CARB COUNT

www.rockfordlutheran.org

