



August 2010



RLA LUNCH MENU



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
9	10	11	12	13
16	17	18 HALF DAY NO LUNCH	19 PEPPERONI PIZZA *32 TOSSED SALAD W/DRESSING *4 FRUIT CUP *20	20 ALL BEEF HOTDOG *22 TATER TOTS *17 CELERY W/ DIP *4 FRUIT CUP *20
23 CHEESE PIZZA *30 TOSSED SALAD W/DRESSING *4 FRUIT CUP *20	24 CORN DOG *15 BAKED CHIPS *19 GREEN BEANS *5 DESSERT *20	25 CRISPY CHICKEN WRAP *16 LETTUCE & TOMATO *4 CARROTS W/ DIP *4 DESSERT *20	26 HAMBURGER/ CHEESEBURGER *33 BAKED CHIPS *19 CARROTS W/ DIP *4 DESSERT *20	27 CHICKEN FRIED RICE *28 EGG ROLL *18 FORTUNE COOKIE *6 FRUIT CUP *20
30 PEPPERONI PIZZA *32 TOSSED SALAD W/DRESSING *4 FRUIT CUP *20	31 LASAGNA ROLL *22 TOSSED SALAD W/DRESSING *4 BREAD & BUTTER *14 FRUIT CUP *20			

News

**LUNCH W/DRINK
\$3.50**

**TURKEY & CHEESE
OR SOY BUTTER &
JELLY AVAILABLE
AS AN ENTRÉE.**

**FRESH FRUIT
AVAILABLE DAILY
FOR 75 CENTS.**

***CARB COUNT**

www.rockfordlutheran.com

