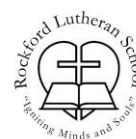


Rockford Lutheran Jr/Sr High School



2010-11 Standardized Dress

Rockford Lutheran wishes to establish a climate in which learning can thrive without distractions by extremes in dress. The principles of modesty, simplicity, good taste and neatness are core values that relate to Christian dress.

The following “standardized dress” regulations will be in effect at Rockford Lutheran Junior/ Senior High School for all students. **All clothing must be of the approved color and style.** Clothing may be purchased through Lands’ End, Educational Outfitters or Dennis Uniform.

Students must wear standardized dress at all times between 7:30 and 3:05 when in the building, even if the student has late arrival or early dismissal.

Students must wear standardized dress when representing the school at an event unless the teacher/advisor requests alternate dress. Students attending athletic events, school plays, and such activities as spectators are exempt from wearing standardized dress, but they are still expected to dress in Christian modesty.

Shirts/Tops

- Plain-colored (white, lt. blue) oxford-style button down shirts
- Loose fitting polo-type shirts (white, lt. blue, navy, black, red – red to be phased out in 2012/13).
- Oxford and polo shirts may be either short sleeve or long sleeve. Turtlenecks and mock turtlenecks may be worn under an approved shirt or sweater.
- There can be no visible logos or graphics on the shirts worn under the polo, oxford, or sweater.
- Shirts with buttons can have no more than 2 buttons unbuttoned.

Spirit/Lutheran Wear:

- Collared polo shirts with Lutheran on the pocket area can be worn at anytime. These may be polo shirts for school organizations and athletics as well as the Rockford Lutheran Booster Club.
- Lutheran/IHSA/LSA sanctioned events/team playoff T-Shirts (either long or short sleeve) or sweatshirts, including official spirit wear, can only be worn on Friday, our official Spirit Day.
- Athletic team jerseys can only be worn on Friday, with administrative approval.
- Sweatshirts that can be worn daily include those purchased from the Boosters, RLHS and those of a

Class. This does not include IHSA/LSA/playoff apparel. Unmarked black or navy sweatshirts are permitted.

- Coats and jackets are not to be worn during school hours.
- Exposing the stomach area or upper torso of the body is not allowed. Shirts/tops that are too short to be tucked in and/or stay tucked in are not acceptable. If the midriff is exposed when the arms are raised shoulder-high, the shirt is too short and therefore is not acceptable.

Sweaters

- V-Neck in navy or black. Cardinal will be phased out by the end of 2012/13.
- Crewneck pullover in navy or black. Cardinal will be phased out by the end of 2012/13.
- Cardigan sweater in navy or black.
- Must have an approved dress code shirt or turtleneck worn under sweaters.

Polar Fleece

- Plain fleece pullover shirts or vests in navy or black may be worn. No logos (including Columbia, North Face, Nike, etc.)

Athletes

- Students that are asked to wear shirts and ties on game days must wear either the white or lt. blue oxford with the tie tied to the neck in a neat manner. Standardized slacks must also be worn on those days.

Slacks

- Flat-front or pleated-front loose-fitting cotton twill slacks (no jeans) in black, navy, or khaki. No cargo pants/shorts.
- All pants must be worn at the waist.
- Waist size must be within two inches of body measurements.

Shorts

- Walking shorts in navy, khaki, or black.
- All shorts must be no shorter than 2” above the knee.

Skirts

- “A” line or pleated skirts in khaki, navy, black or clear blue plaid (Plaid QCU) may be purchased from Lands’ End. “RR plaid”, navy, or khaki may be purchased from Dennis Uniform or Educational Outfitters.

- All skirts must be no shorter than 2” above the knee.
- No items worn under skirts may be visible below the hemline.
- Only the Crusader navy pants purchased through RLS Booster Club may be worn under the skirt.

Shoes

- Low-heeled shoes (loafers, dress shoes, deck shoes, athletic shoes, or hiking-style boots) or closed toe sandals must be worn.
- No flip-flops, soccer sliders or bedroom slippers.
- Patterned socks, stockings and tights are allowed, however, no “fish-net” type apparel is acceptable.

Jewelry

- Piercing jewelry may only be worn in the ears and nose (nose studs only). Neck chains, pendants, rings, and wrist bracelets may be worn as long as they do not distract from the learning environment.
- Spiked or heavy chains may not be worn.
- Visible tattoos are not allowed.

Condition

- All clothing should be clean and in good repair (no holes, rips, frayed edges, etc.).

Hair

- Should be clean, neatly trimmed, and in one of the four natural colors (black, brown, blonde, red).
- No extreme hair styles/cuts, e.g. mohawk, spikes, etc.

Other

- Hats, caps, sweatbands, bandanas and sunglasses may not be worn in the school building during school hours.

ALL CLOTHING MAY BE PURCHASED
THROUGH DENNIS UNIFORMS,
EDUCATIONAL OUTFITTERS OR
LANDS’ END SCHOOL.

Contact Information:

- Lands’ End: 900075235
www.landsend.com/school
1-800-469-2222
- Educational Outfitters:
www.educationaloutfitters.com
1-815-436-7777
- Dennis: GAAJV
www.dennisuniform.com
1-800-854-6951