



Rockford Lutheran LJHS/LHS Standardized Dress 2009-2010

Rockford Lutheran wishes to establish a climate in which learning can thrive without distractions by extremes in dress. The principles of modesty, simplicity, good taste, and neatness are core values that relate to Christian dress.

The following “standardized dress” regulations will be in effect at Lutheran Junior and Senior High School for all students. All clothing must be of the approved color and style and purchased through Lands’ End, Educational Outfitters or Dennis Uniform. French Toast/Target is not an eligible source of standardized dress for LJHS and LHS.

- Students must wear standardized dress at all times between 7:30 and 3:05 when in the building, even if the student has late arrival or early dismissal.
- Students must wear standardized dress when representing the school at an event unless the teacher/advisor requests alternate dress.
- Students attending athletic events, school plays, and such activities as spectators are exempt from wearing standardized dress, but they are still expected to dress in Christian modesty.

Shirts/Tops:

- Plain-colored (white, lt. blue) oxford-style button down shirts
- Loose fitting polo-type shirts (white, lt. blue, navy, black, red).
- Oxford and polo shirts may be either short sleeve or long sleeve. Turtlenecks and mock turtlenecks (no logos) purchased at alternative sources are acceptable only if worn under an approved shirt or sweater.
- There can be no visible logos or graphics on the shirts worn under the polo, oxford, or sweater.
- Shirts with buttons can have no more than the top button unbuttoned.
- Spirit/Lutheran wear:
 - Collared polo shirts with Lutheran on the pocket area can be worn at anytime. These may be polo shirts for school organizations and athletics as well as Spirit Club.
 - Lutheran T-Shirts (either long or short sleeve), including official spirit wear, can only be worn on Friday, our official Spirit Day.
 - Athletic Team jerseys can only be worn on Friday, with administrative approval
 - Lutheran spirit wear/class/team sweatshirts can be worn at anytime. No other sweatshirts or hoodies are permitted.
 - Coats and jackets are not to be worn during school hours
- Exposing the stomach area or upper torso of the body is not allowed. Shirts/tops that are too short to be tucked in and/or stay tucked in are not acceptable. If the midriff is exposed when the arms are raised shoulder-high, the shirt is too short and therefore is not acceptable.
- Lace undershirts may not be visible under polo’s or dress shirts.

Athletes:

- Students that are asked to wear shirts and ties on game days must wear either the white or lt. blue oxford with the tie tied to the neck in a neat manner. Standardized slacks must also be worn on those days.

Slacks:

- Flat-front or pleated-front loose-fitting cotton twill slacks (no jeans) in black, navy, or khaki. No cargo pants/shorts.
- All pants must be worn at the waist.
- Waist size must be within two inches of body measurements.

Shorts:

- Walking shorts in navy, khaki, or black.
- All shorts must be no shorter than 2” above the knee.

Skirts:

- “A” line or pleated skirts in khaki, navy, black or clear blue plaid (Plaid QCU) may be purchased from Lands’ End. Land’s End also offers a midcalf length skirt in khaki, navy, or black. “RR plaid”, navy, or khaki may be purchased from Dennis Uniform or Educational Outfitters. All skirts must be no shorter than 2” above the knee.
- No items worn under skirts may be visible below the hemline.
- Pants or flannels are not allowed to be worn under skirts except for navy pants purchased thru Spirit Club.

Sweaters:

- V-Neck in navy, black, or cardinal
- Crewneck pullover in navy or cardinal
- Cardigan Sweater in navy
- A shirt, as described above must be worn under any V-neck and cardigan sweater. There can be no logos.

Polar Fleece:

- Dennis & Educational Outfitters fleece jackets or vests in navy or black. Land’s End fleece jackets in navy. No logos.

Shoes:

- Low-heeled shoes (loafers, dress shoes, deck shoes, athletic shoes, or hiking-style boots) or sandals must be worn.
- Shoes must be closed toe.
- No flip-flops, soccer sliders or bedroom slippers.
- Socks or panty hose must be worn with all shoes.
- Patterned socks, stockings and tights are allowed, however, no “fish-net” type apparel is acceptable.

Jewelry:

- Piercing jewelry may only be worn in the ears. Neck chains, pendants, rings, and wrist bracelets may be worn as long as they do not distract from the learning environment.
- Spiked or heavy chains may not be worn. Visible tattoos or piercing in body parts other than the ear are not allowed.

Condition:

- All clothing should be clean and in good repair (no holes, rips, frayed edges, etc.).

Hair:

- Should be clean, neatly trimmed and in one of the four natural colors (black, brown, blonde, red).

Other:

- Hats, caps, sweatbands, bandanas, scarves and sunglasses may not be worn in the school building during school hours.

ALL CLOTHING MUST BE PURCHASED THROUGH DENNIS UNIFORMS, EDUCATIONAL OUTFITTERS OR LANDS’ END SCHOOL.

Lands’ End and Educational Outfitters are sources for slacks, shorts, and shirts. There is a midcalf length chino skirt available only from Lands’ End. (Catalogues are available in the main Office.)

Dennis Uniform will have all items available, with the exception of the mid-calf length skirt and the black polo which may be purchased through Lands’ End.

School Codes & Contact Information:

Land’s End: 900075235

Educational Outfitters: IL0342

Dennis: GAAJV

www.landsend.com/school

www.educationaloutfitters.com

www.dennisuniform.com

1-800-469-2222

1-888-362-5684

1-800-998-7110