



ROCKFORD LUTHERAN ACADEMIC CATALOG



Table of Contents

College Readiness

3

Graduation Requirements

7

Academics

9

Course Catalog

12

Athletics

58

CORE Values

59





ROCKFORD
LUTHERAN
SCHOOL

College Readiness



One of the most compelling reason we can give any family to send their child to Rockford Lutheran is the success of our alumni.

- Earn college credit from Concordia University - Nebraska through our on campus dual credit program. We offer 17 college courses that students take right on our campus at Rockford Lutheran.
- Junior High students average two to three years above national averages.
- Over 90% of graduating seniors go on to college.



Dual Credit Programs



Rockford Lutheran is proud to have established a relationship with Concordia University-Nebraska through their Dual Credit program to offer college level instruction in our building. This program allows our teachers who have Masters Degrees in the field to be approved as adjunct faculty of the University.

Concordia then reviews and approves our college-level textbooks and curricula for specific Honors level courses which will then offer the opportunity for students who successfully complete those classes to receive credit toward high school graduation, as well as college credit from Concordia University - Nebraska. You may be familiar with similar programs that require students to be transported from their high school to an area community college to get this credit. Our program offers this collegiate instruction right on our campus.

Dual Credit courses are billed at the current Concordia University - Nebraska rate, separately from Rockford Lutheran tuition, at the beginning of each semester.



We offer a number of courses which will provide the opportunity for students to complete many of their general education requirements now. Courses are offered as needed/requested. Current course offerings include:



Biology
Calculus
Chemistry
Economics
English Composition
Sociology
Anatomy/Physiology
US History
Human Communication

English Literature
Government
Psychology
Spanish
Statistics
College Algebra
Spanish 4 and 5
Calculus 2



These courses allow for transcribed college credits from Concordia University - Nebraska, a fully accredited institution, transferable to hundreds of other universities and colleges nationwide. Contact our Director of Guidance and Advising for more information on this exciting option.

The Four Year Plan



A normal course load is seven subjects each semester* and would typically be taken as follows:

Freshman

Religion	Fine Art
English	World Language
Science	Physical Education
Math	Elective/Study Hall

Sophomore

Religion	Mathematics
English	World Language
Science	Physical Education/Health
World History	Elective or Study Hall

Junior

Religion	US History
English	Up to 3 Electives/
Science	Flex Credits or Study Hall
Math	

Senior

Religion	Economics/Government
English	Up to 3 Electives/
Science	Flex Credits or Study Hall
Math	

**Please note that some courses are offered on a yearly rotation.*

Graduation Requirements



8 credits of Religion (1 for each semester in attendance)	8 credits of English
6 credits of Mathematics at the high school level or a minimum of Pre-Calculus (having completed Algebra I, Geometry and Algebra II). (If a student completes Pre-Calc as a sophomore, 2 credits of additional Flex courses are required).	6 Credits of Social Studies (including 1 credit each of Government and Economics, 2 credits of U.S. History and 2 credits of either Geography or World History)
6 credits of Science at the high school level or a minimum of 2 credits each of Biology, Chemistry and Physics (or other approved course).	Additional courses in Science, Technology, Engineering, Computer Science, Fine Arts or Mathematics.
4 credits of World Language (could be substituted due to specific educational needs)	4 credits of Physical Education (including 1 semester of Health)
4 credits of Flex classes	2 credits of Fine Arts (Art, Music)
Dual credit courses (with administrative approval)	4 credits of electives

Minimum total of 52 credits

High School Level courses completed in 7-8th grade would be included on the transcript, but would not be counted as part of the 52 credit requirement for graduation.

Grading Policies



Grading Scale

A+	97.5
A	91.5
A-	89.5
B+	87.5
B	81.5
B-	79.5
C+	77.5
C	71.5
C-	69.5
D+	67.5
D	61.5
D-	59.5
F	Below

I	Incomplete	Grade will be issued after completion of requirements. Incompletes must be made up within two weeks.
P	Pass	Requirements met at minimal level

GPA Points

Honors Scale		On Track Classes	
A	5	A	4
B	4	B	3
C	2	C	2
D	1	D	1

In calculating cumulative averages, all courses shall be counted as one full credit per semester.

Transfer Credits

All questions concerning transfer credit will be reviewed and approved by the Director of Guidance and Advising.

Academic Honors



Accreditation

Rockford Lutheran School is accredited by the Cognia, National Lutheran School Accreditation and recognized by the State of Illinois. We are also members of the Illinois High School Association and the Association of Lutheran Secondary Schools.

Selected courses are also certified by Concordia University Nebraska.

Rockford Lutheran School admits students of any race, color, national and ethnic origin to all the rights, privileges, programs and activities generally accorded or made available to students at the school. It does not discriminate on the basis of race, color, national and ethnic origin in administration of its educational policies, admissions policies, tuition assistance, athletic and other school-administered programs.

Honor Roll

A High Honor Roll shall consist of full time students attaining above a 3.99 GPA. Honor Roll shall consist of full time students attaining a 3.5-3.99 average for a semester. Full time students receiving a 3.00-3.49 average shall receive honorable mention. Eligible students must carry at least 5 classes and have no "D's" or "F's".



Graduation

Students will be required to meet the minimum requirement for graduation set forth by the Board of Directors. Requirements for transfer students will be determined in consultation with the Director of Guidance and Advising.

Graduation Honors Policy

Rockford Lutheran High School acknowledges outstanding performance of full time students by recognizing graduates in good standing that qualify as Cum Laude, Magna Cum Laude and Summa Cum Laude. Only courses taken during the high school years are considered for this recognition.

Cum Laude	Magna Cum Laude	Summa Cum Laude
•12 or more Honors Credits •No more than 14 “B’s” accumulated over the first 7 high school semesters. • No other grades below a “B”. • No incompletes	•16 or more Honors Credits • All “A’s” or a 4.0 GPA accumulated over the first seven semesters of high school. •No more than 7 “B’s” • No other grades below “B”. • No incompletes	• 26 or more Honors credits - All “A’s” accumulated over the first 7 semesters of high school • No incompletes



Learning Resource Center



Academic support is given to students with special educational needs (Accommodation plans), students who need tutoring, or students who just need additional support for coursework. The teaching approach in resource is adapted to the individual needs of each student serviced. Activities and assignments include the reinforcement, review and practice of academic skills in areas where students need help. Ongoing communication between the resource teacher and the classroom teacher takes place to encourage consistence in reaching the goals and objectives set for each student. This service requires an additional fee. Please contact the Director of Guidance and Advising for details.



Business Education/ Technology Department

Our Business and Technology program provides a state-of-the-art experience for students. Covering a critical segment in the educational experience at Rockford Lutheran Junior/Senior High School due to the extensive integration of educational technology in the total school program; the department seeks to facilitate the attainment of competencies for work, future education, training and personal use, in addition to formulating the Christian values necessary for the proper use of technology today. Foundational courses allow opportunities for students to explore a variety of careers and occupations and to learn skills and concepts in the areas of computer applications and principles of accounting.

The Business and Technology Department offers:

- The latest industry standard software
- Current hardware technology
- Extensive integration of technology into all subject areas
- Application and Programming courses available
- Opportunities with multiple platforms



Entrepreneurship

Do you have what it takes to start a new business? Throughout the semester students will work in groups to develop an idea for a business and test the product or service to determine if it can be successful. The process includes identifying personal attributes needed to be a successful entrepreneur and researching various business opportunities. Students will walk through the steps of setting up a business while developing the necessary leadership abilities. The class is completed with a 'Shark Tank' like experience where classmates will pitch ideas to businessmen in our community. This class could help you become one of tomorrow's business leaders!

Computer Science Principles

Whether seeking a career in the growing field of computer science or learning how computer science is transforming all careers, students in Computer Science Principles learn the fundamentals of coding, data processing, data security, and automating tasks while learning to contribute to an inclusive, safe, and ethical computing culture. Express your creativity through code. Analyze computing innovations and the impacts they have on our lives. Use abstraction and algorithmic thinking to solve problems and create value for others. Develop, analyze, implement, and test programs developed for a purpose. Learn to uncover patterns in data, protect data, and explore how the internet connects the world in which we live. Using Python® as a primary tool, students develop computational-thinking skills and tackle challenges like designing apps to solve real-world problems for clients.



Accounting 1

Prepares students for vocational technical positions or for those majoring in either accounting or business administration. Uses the double entry bookkeeping and accounting system in its simplest form, illustrating the entire accounting cycle. Students are introduced to a real life business in every chapter and learn about different careers in accounting. The impact of technology on accounting is addressed with computerized accounting activities using online working papers.

Principles of Engineering

Do you have what it takes to start a new business? Throughout the semester students will work in groups to develop an idea for a business and test the product or service to determine if it can be successful. The process includes identifying personal attributes needed to be a successful entrepreneur and researching various business opportunities. Students will walk through the steps of setting up a business while developing the necessary leadership abilities. The class is completed with a 'Shark Tank' like experience where classmates will pitch ideas to businessmen in our community. This class could help you become one of tomorrow's business leaders!



Civil Engineering and Architecture

This course introduces students to the fundamentals of civil engineering and architecture, focusing on the design and development of residential and commercial structures. Students explore a range of topics including structural systems, site planning, sustainability, building materials, and project management. Through hands-on projects and industry-standard software students develop design solutions and produce detailed architectural and engineering documentation. Coursework emphasizes real-world problem solving, teamwork, and communication skills. Students will work on long-term projects such as designing a home or commercial building that meets specific criteria and codes, simulating the planning, design, and construction phases used in professional practice.

Introduction to Engineering Design

Students dig deep into the engineering design process, applying math, science and engineering standards to hands-on projects. They work both individually and in teams to design solutions to a variety of problems using 3-D modeling software and use an engineering notebook to document their work. (Prerequisite: Algebra I)



English Language Arts

Writing, reading, and speaking are the building blocks of English instruction at RLS. The mission to train thoughtful, well-grounded graduates, prepared to express their understanding, perspectives, and Christian faith begins in the Junior High, with classes that lay the groundwork for upper-level English study. These classes focus on foundational writing and reading skills with an emphasis on comprehension strategies, grammar, and effective sentence and paragraph construction.

As students progress into high school, the depth and intensity of the material grows with them. High school courses emphasize writing and literary analysis, progressing to college-level interdisciplinary analysis and research by senior year. Diversity of instruction and assessment methods hallmark RLS English, and teachers work together to more readily integrate technology and hands-on-learning into the curriculum. While all English courses at RLS are geared towards college readiness, honors courses are offered at each grade level to students ready for an additional challenge. These courses enhance the depth, scope, and speed of material covered for students ready for a more advanced learning environment.

The English Department offers:

- Extensive writing experience
- Writing activities in all classes across the curriculum
- Application of higher level critical thinking skills in writing activities
- Extensive exposure to literary analysis
- Emphasis on preparation of collegiate level communication skills
- Over 90% of the students who take the English Advanced Placement test receive college credit.



English Reading Lists

English and Reading lists, while not exhaustive, are posted at the beginning of the year.

Rockford Lutheran teachers partner with administrators to carefully select the literature used in junior high (and senior high) classrooms. Our goal is to provide students with a rich, balanced, and respectful literary experience that prepares them for higher learning and thoughtful citizenship.

Texts are chosen to support academic growth, spiritual growth, and character development. Selections must meet educational goals, support our curriculum standards, and be grade-appropriate. The spiritual development of students is central to our analysis of a text. Our approach supports a Biblical worldview while discussing differing perspectives with respect and sensitivity. Challenging topics are addressed in ways that support and reinforce Jesus Christ and His teachings. Alternative texts or assignments will not be provided.

We consider a text's literary quality, redemptive and restorative themes, its respect for authority and dignity of life, and how well it encourages critical thinking and discussion. We also review content for language, maturity level, and potential sensitivity so we can appropriately prepare students.



Reading

Junior High reading consists of novel studies, units focusing on specific literary skills and terms, and independent reading. Studies prove that frequent and consistent reading practice is the best way for students to improve reading comprehension and vocabulary acquisition. Silent reading practice is as crucial as completing a math, social studies, or science assignment.

Junior High English

Junior High English includes the study of writing forms, written and verbal communication analysis, standard grammar, and writing mechanics. Students must complete one extended research project each year using MLA format. Honors-level classes engage students with in-depth critical analysis of writing and speaking, grammar, and mechanics. Honors-level courses require students to work independently and complete quality work that is turned in on time. Fiction and non-fiction texts are used to develop an appreciation for writing styles and communication forms.

Freshman English

Expository and creative writing and a step-by-step introduction to the research paper in MLA style are the focus of this first year course. Students study different types of literature, emphasizing the analysis and uniqueness of each. *Romeo and Juliet* and *The Odyssey* are classics that offer opportunities for meaningful projects and discussions. The grammar and mechanics of the language are studied in relationship to the writing and literature. Individual learning styles and study skills are part of this varied curriculum



Freshman Honors English

Freshman English is designed to be the foundation of the high school English program. Fundamental study and research skills will be implemented as well as necessary skills used in the writing process. Literature will be analyzed in various forms and genres including short stories, nonfiction, novels, and poetry. Course work includes and is accelerated beyond the regular. Classic pieces of work, such as *Romeo and Juliet*, *To Kill a Mockingbird*, and *The Odyssey*, will provide challenging but insightful material as we study the time period, the style of writing, and their relevancy to today. In addition, we will analyze the nonfiction novel *The Devil in the White City* and apply the concepts to a 21st century situation. At the end of this year, students will be able to: analyze works of fiction and non-fiction according to the elements of literature; organize and write a research paper according to MLA standards; and create and present creative projects based on literature.

Sophomore English

Process writing is the focus of this course, specifically essays, stories and a research paper. Persuasive writing and speech is also emphasized. Grammar and mechanics are covered in conjunction with writing assignments. Literature selections include *Julius Caesar*, *Ender's Game*, *And Then There Were None*, *Tuesday's with Morrie* and numerous selections from the textbook. In the spring, students complete a writing portfolio that serves as their final.

Sophomore Honors English

This course covers the same material and includes similar papers and projects as the regular curriculum but is accelerated in pace, depth and works studied. Additional reading includes *Of Mice and Men*.



Junior English-American Literature

This course is a chronological study of American literature from the Native American culture to Contemporary music, movies, and books as it relates to the history of the times. Grammar and mechanics are reviewed in relationship to the writing instruction centered on the literature. In addition to the textbook, students will read *The Great Gatsby*. Students will produce a cross-curricular History/English research paper, which is submitted for a grade in both classes.

Honors Junior English-American Literature

This course covers the same material and includes similar papers and projects as the regular curriculum but is accelerated in pace, depth and works studied. Additional reading includes *The Scarlet Letter*.

Senior English

A thematic study of British literature, this course covers many classic works such as *Beowulf*, *Frankenstein*, *Heart of Darkness*, *Macbeth*, and *The Canterbury Tales*. Four units ("Things Fall Apart," "Science and Literature," "Love and Beauty," and "Comedy in Literature") discuss literary themes as well as practical and spiritual connections. Writing continues to be emphasized with a review of mechanics and usage, and a focus on style and argumentation. Writing includes a Literary Analysis Research Paper in which students pull from scholarly and peer-reviewed sources.



English Elective

Junior High Journalism

Introduction to Journalism is a class designed to provide students with an overview of the fundamental elements, principles and ethics of journalism. Students will develop practical skills related to researching, interviewing, incorporating proper citations, peer reviewing, and writing newspaper articles. Once students have learned the basics of journalism ethics, interviewing, and writing, they will produce biweekly newspaper articles on current school events.

Junior High Creative Writing

Creative Writing is a course that is designed to expand students' writing, creative expression, reading, and critical thinking skills. Students will develop their writing skills through the creation of journal entries, short essays, creative short stories, and vignettes, among others. Students will learn to employ proper grammar, mechanics, and structure into their writing as well.

Yearbook

Students who have completed "Intro to Publications" may choose this year-long class focused on production of the RLHS yearbook "The Cavalier." Throughout the year, journalistic skills including photography, design, interviewing, writing, editing, and teamwork are emphasized. The class is self-paced with an emphasis on personal deadlines and time management. Multiple editor positions are available for interested students. This course is especially beneficial for any students interested in pursuing journalism, writing, photography, graphic design or communications after high school.



English Dual Credit

Dual Credit English Literature

Eng 201 is designated as a general background in the reading, interpretation, evaluation, and criticism of literature in various genres.

Dual Credit English Composition

In college academics, almost every course a student takes will include some sort of writing task. In the Bible, writing is used to record, remember, persuade, argue, praise and lament. While writing is a discipline essential to learning, it can also point believers to creative acts designed by God, as well as those who create through the medium of writing in our communities and our world.

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English >



Fine Arts

The Fine Arts give students the means to become aware and express themselves creatively as well as respond to the artistic expression of others. Through the fine arts, the students are provided a unique and distinctive way of understanding a link between how man relates to God, nature and society. The study of fine arts includes identifying methods and tools required to produce the basic skills in one of the fine arts, gaining an appreciation of how arts relate to each other and to the daily world around us. As Christians, we also gain an appreciation for how the arts can serve as an expression of, a witness of, and an inspiration of our Christian faith and being.



The Fine Arts Department offers:

- Four unique year-long fine arts courses available
- Award winning Band, Choir and Orchestra groups at Junior High and High school levels
- Extensive community and area-wide exhibitions and performances



Visual Art Courses

Art I - Fundamental Art

This course is designed to build a strong artistic foundation for students. Design elements are the backbone to creating successful pieces of art. The students will be introduced to different elements of art that will test their abilities and push their creativity.

Art II - Portraiture and Mixed Media

This course is designed around the art of portraiture. The students will learn and apply different styles of art and media to their portraits. The elements and principles of art will be incorporated into each lesson at an advanced level. Prerequisite: The completion of Art 1 with either an "A or B" grade is required to take this course.

AP 2D Studio

This is a full-year course developed to accommodate students who have demonstrated a strong interest and commitment to excel in Studio artwork. These students will complete an AP 2-D Art and Design portfolio. Research, field trips, and regular (at least biweekly) oral and written critiques will be integral parts of this course. All students will submit a portfolio at the end of the course that has followed the AP Art and Design Portfolio Submission requirements. With direct teacher instruction, the emphasis will be placed on the development of the AP Portfolio. The students will complete both sections (Sustained Investigation and Selected Work Quality Section) of the portfolio.



Visual Art Courses

Art III - Sculpture

This honors level course is designed to expose students to the discipline of three-dimensional sculpture. The students will apply the elements learned in Art I to create their own three-dimensional sculptures. Prerequisite: Completion of Art I with a grade of 'A' or 'B'.

Art IV

This course is for Seniors who are serious and dedicated to explore new materials and continue to perfect artistic techniques. In addition to craftsmanship, teachers stress innovation, originality and expression. This class is demanding and time consuming as the student works independently to create an Art Portfolio. This portfolio will be used to apply for scholarships and entrance to a college art program. Prerequisite: Art I and Art II, grade of "A" or "B" both semesters, strong interest and good work ethic.

AP 3D Studio

This is a full-year course developed to accommodate students who have demonstrated a strong interest and commitment to excel in 3D Studio artwork. These students will complete an AP 3-D Art and Design portfolio. Research, field trips, and regular (at least biweekly) oral and written critiques will be integral parts of this course. All students will submit a portfolio at the end of the course that has followed the AP Art and Design Portfolio Submission requirements. With direct teacher instruction, the emphasis will be placed on the development of the AP Portfolio. The students will complete both sections (Sustained Investigation and Selected Work Quality Section) of the portfolio



Music Courses

Part of our music department course requirements include weekly practice logs which are grades as well as graded attendance at required performances throughout the school year.

Junior High Band

This ensemble is a performance based group. Development continues in fingering, new note valves and refinement of phrasing, dynamics, intonation and articulation. Students work toward several performances and contests throughout the school year. Performances have included a Kiwanis meeting at the Metro Centre, pep rallies, Christmas and spring concerts and state contest concerts.

Junior High Choir

Performance oriented, this class is geared for students who enjoy singing a variety of song types and styles and praising God through the gift of song. Basic skills of music theory and music history are also taught. Performances have included church, chapel, Christmas and spring concert and state contest concerts. The Junior High Choir has received the highest rating of a "1" at State on numerous occasions. Many students have also received a "1" at solo and ensemble contests.



Junior High Orchestra

The Junior High Concert Orchestra provides students with the opportunity to increase their technical skills in a challenging yet enjoyable environment. This ensemble will give students the opportunity to create music; increase students' knowledge of music history and music theory; advance playing abilities and increase students' appreciation of music. Students will be able to display their talents at a number of performances including IMEA District Orchestra; IGSMMA contests; Rock River Valley Fine Arts Festival; Seasonal concerts and various community performances.

Concert Band - High School

This high school level performance based class features music of all periods. The band performs in several concerts, athletic events and the IHSA competition. Prerequisite: Consent of instructor and Director of Guidance and Advising or Principal.

Concert Choir - High School

This elective course for high school students includes a variety of music. The group performs in school, at concerts and at IHSA competition. The choir has sung at area schools, nursing homes and more. No tryout is required for choir, just a love of singing.

Orchestra - High School

The Senior High Symphony Orchestra program will enhance the ability of any string player. This ensemble will give students the opportunity to learn to work with others in order to create music; increase music appreciation and understanding; advance playing abilities and learn music from numerous genres. Students participate in a variety of competitions and contests through IMEA and IHSA.



Fine Arts Electives

Junior High Art

Offered each semester, this course explores a variety of techniques and media intended to prepare students for further studio experience. Drawing techniques emphasized include face and body proportion, three dimensional drawing, shade and color technique. Media include scratchboard, tempera paint, Prisma colors, charcoal and graphite. This is a great opportunity for students to explore their interest in art. Space is limited. Older junior high students take priority in enrolling in the course.

Junior High Intro to Music

This course is designed to introduce students to the exciting world of music. Students will explore the basic elements of music—such as rhythm, melody, harmony, dynamics, and form—through listening, singing, playing instruments, and creative activities. They will learn about different musical styles, famous composers and performers, and music from around the world. Students will also gain hands-on experience with percussion and classroom instruments. No previous musical experience is required—just curiosity and a willingness to participate.



Fine Arts Electives

Junior High Drama - Performance Theatre

This course introduces students to the fundamentals of theatre through movement, voice, improvisation, character development, script analysis, and performance. Students will build confidence, creativity, collaboration skills, and stage presence through active participation and regular performance-based work.

Junior High Drama - Technical Theatre

This course provides students with an introduction to technical theatre. Students will explore behind-the-scenes roles through videos, guest speakers, and projects, and understand the basics of theatre. Students will participate in hands-on projects, mini performances, and group collaboration.

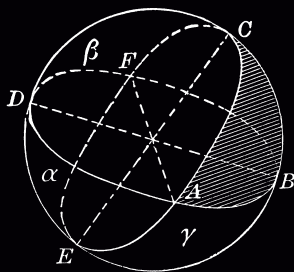
High School Drama

This high school level performance based class features music of all periods. The band performs in several concerts, athletic events and the IHSA competition. Prerequisite: Consent of instructor and Director of Guidance and Advising or Principal.



Mathematics

The mathematics department of Rockford Lutheran Junior/Senior High School seeks to develop each student to their highest level of competency, to expose students to real world applications of mathematics and to give a solid foundation in the mathematical skills necessary for success at the next level of mathematics education. Whether pursued at the college level or in the workplace, our students are prepared for the challenges of our technological world and have the skills to think logically and analyze clearly the mathematical processes that are demanded. Students are challenged to understand the field of mathematics as a search for order in the complex world of our Creator God. The use of technology (computers and calculators), manipulatives and projects assist with these endeavors.



The Mathematics Department at Rockford Lutheran Junior/Senior High School offers:

- In-depth offerings of honors and regular level courses
- Extensive upper level offerings including dual credit courses



Mathematics Courses

Junior High Math

Math in grades 6 through 8 is ability-grouped, with students placed in courses that align with their current level of mathematical understanding. Instruction draws from sixth, seventh, and eighth grade curriculum to best support each group. All students study key concepts at a pace and depth suited to their abilities, including number sense and algebraic thinking, decimals, fractions, geometric figures, geometry and measurement, integers, variables and equations, inequalities, exponents, graphs, ratios, proportions, percents, and probability/statistics. Students who demonstrate strong mathematical aptitude have the opportunity to take Algebra 1 or Honors Algebra 1 in eighth grade, preparing them for advanced high school math coursework. Prerequisite: Successful completion of previous year's math course.

Pre-Algebra

Provides further instruction before algebra and prepares students in the basic concepts of algebra and geometry by introducing them to variables, equations, polygons and graphing. This enables students to be more successful in future years in both algebra and geometry. Prerequisite: Successful completion of 8th grade math or teacher recommendation.

Honors Pre-Algebra

This seventh and eighth grade class is designed to reinforce basic skills and begin early algebra and geometry concepts. Seventh graders must maintain at least a "B-" in order to move on to Honors Algebra as eighth graders. Manipulatives and projects that relate the covered skills to everyday life experience will be used to further the students' understanding. Prerequisite: A grade of "A" or "B" in prior coursework.



Mathematics Courses

Algebra I

This course begins high school math for the average student. Topics include integers, order of operations, linear equations, exponents, fractional numbers, factors, multiples, as well as solving quadratics, factoring polynomials and solving systems of equations. Graphing calculators and manipulatives are used to aid with concept understanding. Projects coordinate algebra topics and real life experiences.

Honors Algebra I

This course begins high school math for the accelerated student. The same processes of algebra which are studied in Algebra I are introduced with a greater depth of coverage. Higher level questions and assignments will be used to stimulate thinking and problem solving skills. Projects are assigned to broaden the students' knowledge of the role of algebra in the "real" world. This class may be taken in junior high. Junior high students must maintain at least a "B" in order to move to the next level. Prerequisite: Grade of "A" in prior coursework.

Algebra II

A continuation of the students' knowledge gained from Algebra and Geometry, this course studies functions (linear, quadratic, exponential and logarithmic), systems of equations, powers, inverses, radicals and polynomials



Mathematics Courses

Geometry

Provides continuation of the students' knowledge gained from algebra. Angles, lines, reflections, proofs, polygons, triangle congruence, perimeters, areas, volumes, similarity, trigonometry and circles are studied. Prerequisite: Successful completion of Algebra I.

Honors Geometry

Covers all of the topics covered in regular geometry with supplemental topics taught at an accelerated pace. A rigorous emphasis on proof and coordinate geometry prepares students for upper level math courses. Projects are completed on a higher level than regular geometry. Junior high students must maintain at least a "B-" in order to move to the next level. Prerequisite: A grade of "A" or "B" in Honors Algebra.

Honors Algebra II

Includes the concepts taught at the regular level course. Graphing calculators are used extensively to enhance lessons. Prerequisite: A grade of "A" or "B" in Honors Algebra I and Geometry. (May be taken concurrently with Honors Geometry)

Honors Pre-Calculus

Integrates the background students must have to be successful in calculus, including advanced work with functions, matrices, conics and trigonometry and an introduction to limits and other calculus concepts. Mathematical thinking, including specific attention to formal logic and proof is a theme throughout. This course gives more attention to mathematical theory and advances at an accelerated pace. Computers and/or graphing calculators will be used frequently. Prerequisite: A grade of "A" or "B" in Honors Algebra II.



Dual Credit Courses

Dual Credit Calculus

This is a first course in calculus covering the topics of limits, derivatives including applications such as the first and second derivative test, and integration including Riemann Sums and definite integrals. Logarithmic, exponential and other transcendental functions will also be studied along with some differential equations. The course will continue with applications of integrals such as finding area and volume using both the disk and shell method and more advanced integration techniques. Prerequisite: A grade of "A" or "B" in Honors Pre-Calculus or "A" in Pre-Calculus.

Dual Credit Calculus II

This course builds upon foundational concepts of Calculus I to deepen students' understanding of integral calculus. Topics include advanced techniques of integration, applications of the definite integral, and an introduction to analytic geometry. Students will also explore vectors and their operations in two-dimensional space. Emphasis is placed on both computational skills and conceptual understanding to prepare students for further study in mathematics, science, or engineering. Prerequisite: Successful completion of Calculus I.



Dual Credit Mathematics Courses

Dual Credit Statistics

This foundational course introduces students to the essential concepts of elementary statistics, including data collection and analysis, probability, distributions, sampling methods, hypothesis testing, correlation, and regression. Classroom learning is enriched through the use of projects, Google Sheets, and graphing calculators. Prerequisite: Successful completion of Algebra II

Dual Credit Algebra

This course provides a comprehensive overview of fundamental algebraic concepts essential for higher-level mathematics. Topics include real and complex numbers, simplifying and evaluating algebraic expressions, solving equations and inequalities, and analyzing functions. Students will explore polynomials, rational expressions, exponential and logarithmic functions, as well as graphing techniques. The course also covers systems of equations and an introduction to matrices, with an emphasis on problem-solving and practical applications. Prerequisite: Successful completion of Algebra II

Students are placed in the math courses based on their previous coursework, test results, and/or teacher recommendations. Those interested in switching to a different level may request a placement review. Additionally, students have the opportunity to advance a level by completing approved summer coursework. All placement changes and advancement requests are subject to administrative review and approval.



Physical Education and Health

Physical Education

A comprehensive physical education and fitness program is an integral part of the total education of each student at Rockford Lutheran Junior/Senior High School. The program will encourage students to see and understand the benefits of being active through a variety of activities. The program will help the student develop physical skills for present and lifelong involvement in activities which complement a positive, active Christian lifestyle. All levels of the program will promote positive attitudes and behaviors through learning good sportsmanship, cooperation, teamwork, emotional control and leadership. Students will recognize their own strengths and weaknesses and how to develop a positive self-concept. Students will be required to properly convey information on selected tests or writing assignments using proper writing format and technique. The high school level will be responsible for the application of health and skill related components of fitness and the cognitive components of sport, games and leisure activities.

Health

The Health program of Rockford Lutheran Junior/Senior High School is designed to help the student understand the principles of nutrition and exercise, efficient management of emotional stress, positive self-concept development and drug use and abuse. The prevention and treatment of illness and basic lifesaving activities are covered.



Physical Education Courses

Junior High Physical Education

Students will be introduced to a variety of activities and sports to help maintain and improve their individual health and fitness. Throughout the year, students' fitness levels will be assessed by the use of a variety of fitness testing programs. This course will work on developing physical movement skills, teamwork and sportsmanship to help students begin a lifelong appreciation for a healthy lifestyle of activity.

Freshman Physical Education

This course is designed to teach students the concepts, knowledge and skills necessary for the maintenance and/or improvement of their level of fitness. Components of fitness, both health-related and skill-related will be the foundation of this course through the use of the Fitness for Life series. Students are given instruction on self-management skills that will give them the responsibility to plan their own fitness and physical activity programs. Students will learn basic skills, rules and strategies for a variety of team and individual sports, along with lifetime activities in order to help them make healthy lifestyle choices.

Upper Level Physical Education

The primary emphasis of Physical Education at the upper class level is to provide a review, continuation and maintenance of physical fitness concepts and healthy lifestyles. Students are given added opportunities to develop individualized fitness programs that will encourage them to improve their current fitness levels. Students are given the opportunity to obtain certification in CPR and standard first aid.



Health Courses

8th Grade Health

Includes a variety of health related topics including nutrition, personal health, drug education and abstinence education. The primary goal is to make students aware of the fact that their decisions and actions have future consequences in all areas of their lives. (One Semester)

10th Grade Health

Includes nutrition, disease awareness, mental/emotional health, drug education and abstinence education. A critical focus includes understanding our bodies as a gift to us from God and the responsibility we have to make wise choices concerning the use of this gift. (One Semester)



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Religion

The Religion department provides a program of instruction that is based on the scriptural truths of the Bible applied to our lives in a practical and meaningful way. This process takes place in a dynamic environment of students from all denominations of Christianity, representing over 100 area churches. We seek to integrate this faith-based instruction into all subjects in the curriculum, thus integrating our faith into all aspects of our life. Through a combination of instructional activities, personal growth opportunities, worship events and service activities, all students are encouraged to grow in their faith and put it into action, providing the basis of a life-long faith journey, after which we all seek to enjoy the blessings of life eternal with our Savior Jesus Christ. Our purpose is demonstrated in the Great Commission: Matthew 28:19-20: "Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age."



Religion Courses

6th Grade Christian Studies

This course focuses on understanding the overarching story of the Bible and discovering that they are a part of the story. Often the Bible is taught as a collection of individual stories, instead of one big history of salvation. Students will instead develop a Biblical framework through a series of Cs that walk them through the history of time. The “7 Cs” are Creation, Corruption, Covenant, Coronation, Christ, Church, and Culmination. Students learn how each section of Scripture informs who we are as fallen humans, and that all of Scripture ultimately points to Jesus as our Savior and King. The “7 Cs” lay the foundation for future Biblical studies, but also enrich and root their faith in the story of a God who is intentional and purposeful, who takes sin seriously, who always pairs judgement with mercy, and who has forever planned (and eventually fulfills!) restoration through Jesus.

7th Grade Christian Studies

The 7th Grade Christian Studies class focuses on equipping each student for their Christian walk through life. Students will take an initial survey of where they are on that walk and how they feel about their faith journey. In the following weeks, students explore the truth of God’s Word, the greater Christian community and our role in it, and the amazing grace offered by Jesus for our salvation. The class will dive into life lessons from the Bible’s many significant figures, including the Judges, Kings, and prophets of the Old Testament, and learn about the promises that will be fulfilled by Christ Jesus. As students learn about many Biblical figures, they will gain the understanding that God does not call the qualified, He qualifies the called - meaning that in our weakness, He is strong!



Religion Courses

8th Grade Christian Studies

The 8th grade Christian Studies class aims to build strong foundation in Christian Theology. The class is intended to spark a sense of wonder and excitement that is found in the details of the Bible. Students will come to realize it truly is all about Jesus from Genesis to Revelation. Part of the course focuses on Christian Apologetics (defense of the faith) and the study of Lutheran Foundations - as found in Luther's Small Catechism. Students will learn how the Law points to our Savior and that we have a Savior in Christ. Throughout their studies, students will strengthen their Biblical Literacy as they work through the Old and New Testament.

Religion 101 - Old Testament

Offered to both Freshmen and Sophomores on a yearly rotation with 102, this course focuses on the Old Testament. Upon completion of this course, the student will be able to explain God's plan of salvation through Christ in their own lives and trace its roots in the Old Testament. Students will develop the ability to view the Old Testament as the living and relevant Word of God, recognizing its ongoing significance for faith and practice. Students will also articulate a concise history of Israel from Adam through post-exilic Judah.



Religion Courses

Religion 102 - New Testament

Offered to both Freshmen and Sophomores on a yearly rotation with 101, this course focuses on the New Testament. By the end of the course, the student will come to a greater understanding of and appreciation for the Person and work of our Lord Jesus Christ, the One who lives on the pages of the New Testament. Students will come to a greater understanding of and appreciation for God's glorious New Covenant Kingdom, especially as it is at work in our world today. Students will study the four synoptic Gospels and Paul's Letters. Students will also come to a greater understanding of and commitment to God's Great Commission, the primary calling of the Church of Christ today.

World Religions and Apologetics

Offered to both Juniors and Seniors, this course takes a global approach to understanding the Christian faith. In the first semester, students will gain an understanding of various world religions. The class compares some world religions to Christianity, while providing the knowledge to share the Christian faith with those of different beliefs in a respectful manner. It is a study in Apologetics as students build on Christian beliefs. A study of Biblical history and archeology concludes the first semester and begins the second semester. Bible studies include the books of Acts, Romans, Hebrews, Ephesians, James, and Revelation among others.



Religion Courses

Apologetics and Christian Living

Offered to both Juniors and Seniors, this course offers a more in-depth approach to understanding the Christian Faith. The course begins with an in-depth Bible Study of the Book of Mark as it is a powerful “this is what we saw” Gospel that lends itself to deep conversations. Following this strong foundation, students explore Christian Apologetics where they discover what reinforces their faith. They will have the tools to defend and explain it so they can reach out to others and talk about the Christian faith. Students will learn how to ask and answer the big questions about God. The class also focuses on life after attending a Lutheran High School where they have heard God’s Word taught in truth and purity that is real, relational, and relevant.

Religion Elective

Chapel Team

The Chapel Team class teaches students about the spiritual and technical preparations necessary to provide a chapel service nearly every week. The class is a combination of learning technical skills and providing the services of setting up sound, light, and visuals for chapel while also preparing the spiritual atmosphere.



Science

The Science Department at Rockford Lutheran Junior/Senior High has designed a curriculum that challenges each student, preparing them for the dynamic environment of collegiate scientific research. Each class period provides a wide variety of instructional practices, including: lecture/discussion, laboratory activities, demonstration, and online or hands-on simulations.

Student placement is based upon current grade point average and past science and math grades.

The Science Department offers:

- Extensive offerings in each area of Life Science, Chemistry and Physics
- Honors and regular level courses to meet the varying abilities of students
- Eleven complete year-long courses in high school science
- Excellent collegiate preparation and dual credit courses



Science Courses

6th Grade Science

This class introduces students to the scientific method and the process of engineering. Students will learn how to ask questions to solve problems. Students will design their own experiments, record their results, and will interpret their results. Starting in late September, the class will complete the Project Lead the Way unit on Design and Modeling. Students will learn to use a CAD program to create a puzzle cube and to design, build, and test a toy. In the spring, students will complete the PLTW unit on Automation and Robotics. Students will enjoy making windmills, cars, and other robots

Life Science

7th grade life science students will be asking questions, and gaining an appreciation of God's visible and the microscopic world. Students study the cell, protists, and bacteria. Students use the Project Lead the Way unit of Medical Detectives to learn how doctors solve medical problems. Students will learn analyzing skills to diagnose a 'patient'. After Medical Detectives students will learn about genetics, plants, and animals. We will end the year with a frog dissection.

Earth Science

Provides a basic knowledge of earth science as it relates to students and to their own range of experiences. Topics from several branches of science, including geology, meteorology, oceanography and astronomy in computer related interactive simulations lead to topical research reports, laboratory investigations and demonstrations.



Science Courses

Physical Science

Provides an introduction to chemistry, physics and earth science, develops skills in measurement, calculations and use of the scientific method and provides a foundation for more in-depth studies in science. Students gain a basic knowledge in the principles of the structure, patterns and behavior of matter and energy. Major physics topics include: motion, Newton's Laws, simple machines work power, energy, and measurement. Chemistry topics include properties or states of matter, the Periodic table, acids, bases, salts, reactions and nuclear chemistry. Earth Science topics include studying the surface and interior of the earth, weather and climate. Prerequisite: Be in high school or in 8th grade currently taking Honors Algebra I.

Biology

Allows the student to examine, survey and understand the magnitude and complexity of God's creation. Topics include the scientific method, cells and cell activity, cellular respiration and photosynthesis, genetics, DNA, RNA and the molecular basis of inheritance, evolution, and ecology. Topical labs, research topics related to biology and development of laboratory skills are included. Prerequisite: Physical Science. Ninth graders must be taking Honors Geometry concurrently.

Consumer Chemistry

Has a student-centered, activity based, issues oriented chemistry curriculum including traditional chemistry concepts and laboratory skills. Discussion of the complex and perplexing problems facing our nation involving individual and social values and group decision-making processes, as well as scientific processes. Math requirement is less rigorous than for other chemistry classes. Prerequisite: Passing both semesters of Biology and Physical Science.



Science Courses

Chemistry

Covers the nature of matter and changes in matter caused by energy. Topics include atomic theory, periodicity, bonding, acids and bases, naming compounds, chemical reactions, measurement, chemical quantities, and organic chemistry. Lab topics include properties of matter, acid base reactions, rates of reactions, descriptive chemistry and synthesis. Prerequisite: Passing both semesters of biology and physical science and completed Algebra I with a "C" or better.

Honors Chemistry

Includes the same topics as chemistry but with more in-depth course work and lab work. Other lab topics include finding unknown materials, percentage yields, both qualitative and quantitative analysis of reactions. Projects include using demonstrations to explain concepts and analyzing data gained from labs or demonstrations. Prerequisite: Passing both semesters of Biology, Physical Science and Algebra I. Must have a 3.5 GPA and a "B" in Biology and last math taken; or 3.0 GPA and an "A" in Biology and the last math class taken.

Anatomy and Physiology (Honors and Regular)

This course is offered both as an honors and a regular level class and is intended for juniors and seniors with a high interest in the life sciences. It will help them prepare for college and future careers in science. This course is an in-depth analysis of human systems: cardiovascular, respiratory, muscular, metabolic and nervous systems. Individual and group research into topics related to course work and organ dissections are featured. Prerequisite: Honors: Must have a 3.5 GPA and completed Chemistry, or 3.0 GPA and an "A" in the last science class taken. Regular: 2.5 GPA and completed Chemistry.



Science Courses

Conceptual Physics

For those students who wish to continue in their studies in science using a unique conceptual approach to understand physics, this class ties physics to the students' personal experiences in the everyday world. It follows a similar sequence as honors physics by addressing the following topics: classical mechanics, thermodynamics, wave theory, magnetism and modern physics. Projects include presentation, written reports and egg drop devices. Prerequisite: Passing both semesters of an Algebra I class and Chemistry class.

Honors Physics I

This course is for juniors to help develop logic and reasoning skills needed for college entrance tests and to advance their knowledge in science and prepare them for college or future careers in science. The content is geared to produce a genuine understanding of the physical laws fundamental to all sciences. The topics covered include motion, Newton's laws, gravity, rotational motion and thermodynamics. Physics concepts are introduced in the context of everyday applications relevant to the student. Prerequisite: Must have a 3.5 GPA and completed Algebra II and Chemistry, or 3.0 GPA and an "A" in the last science class taken.

Honors Physics II

The second year of a two year physics curriculum designed to prepare students for the Advanced Placement Physics "B" Exam. It covers: fluids, electricity and magnetism (electrostatics, conductors, capacitors, dielectrics, electric circuits, magnetic fields and electromagnetism), waves and optics (wave motion, sound, physical optics and geometric optics), and atomic and nuclear physics (atomic, physics, quantum effects and nuclear physics). Tests, labs, home work and semester projects will be used to prepare students for college physics, to improve the student's problem-solving skills and to reinforce concepts covered in the classroom.



Dual Credit Science Courses

Honors Biology II (Dual Credit)

A study of general biology topics and concepts which includes molecular biology, cell organelles, cells, genetics, systems structure and function of plants and animals, reproduction, growth and development, population biology, and ecology. Upon registration and applicable fee payment, four hours of college credit is available through Concordia University Nebraska. Prerequisite: Have passed Biology with an "A" or "B", Chemistry or Honors Chemistry with an "A" or "B" and a 3.5 GPA.

Honors Chemistry II (Dual Credit)

Reviews and expands on many of the topics and concepts learned in previous chemistry classes. This class will introduce more theory and a mathematical basis on how discoveries were made. The emphasis will be on inorganic chemistry starting with atomic structure and continuing to how compounds interact physically and chemically. Upon registration and applicable fee payment, four hours of college credit is available through Concordia University in Nebraska. Prerequisite: Have passed Chemistry or Honors Chemistry with an "A" or "B", Algebra II or Honors Algebra II with an "A" or "B", enrolled in Pre Calculus and a 3.5 GPA.



Social Studies

Skills and knowledge gained in the Social Sciences Department of Rockford Lutheran Junior/Senior High School lead to sound decision-making and to an ability to apply the principles of a Christian perspective in life situations of our democracy today. This department works toward attaining this goal through aiding students in understanding themselves, their role as Christian citizens in a democracy and the complexities of the world community. Teachers use a broad variety of materials and teaching techniques specific to each particular subject.

The Social Studies Department offers:

- Honors and regular level courses to meet the varying abilities of students
- Extensive integration of writing and research
- Emphasis on college level skill development and critical thinking capabilities
- Prominent focus on character development



Social Studies

6th Grade Ancient Civilizations

In this course, students will explore the world of ancient civilizations, beginning with Mesopotamia and ending with the fall of the Roman Empire. Along the way, they will learn about the geography, culture, government, religion, and innovations of societies such as Ancient Egypt, the Indus Valley, China, Greece, and Rome. Through engaging activities, maps, stories, and projects, students will gain a deeper understanding of how these civilizations shaped the world we live in today.

7th Grade World History

Focuses on World History of both the Eastern and Western Hemispheres (400 A.D. – 1750 A.D.). Student projects are presented on such topics as the Middle Ages, Islamic World, Africa, Renaissance, Reformation, Enlightenment, Revolutions, Asian culture, and exploration of the New World, using various media, such as the Internet, traditional research methods and hands-on activities. Field trips supplement the use of research and projects in bringing the world of the past to life.

8th Grade U.S. History

Covers United States History from its beginnings to the Reconstruction period. This course contains a study of the United States and Illinois Constitutions. Students must pass a Constitution test as required by state law. Internet research, Power Point presentations, classroom and group activities are used in addition to a variety of supplemental materials.



Social Studies

World History

Covers a review of world history from the beginnings to the Revolution and continues in depth to the present. Dynamic computerized simulations facilitate the application of lessons of the past to our life today. Students will gain historical perspective through discussion of text, research and writing; therefore, strong language arts skills are necessary.

Honors World History

This course covers the same general content as the on-track class; additional materials and requirements and an accelerated pace encourage higher expectations.

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U.S. History

A study of the Reconstruction period to the present, this course fosters an appreciation for the great leaders of our past and an understanding of their impact on our lives today. Discussions of the major events, concepts, eras and personalities of our past stress the need for involvement by Christian citizens. Numerous simulations, Internet research projects, Power Point presentations and cross-curricular projects serve to provide the skills and understandings necessary for successful collegiate study, as well as positive roles as Christians in a challenging world.



Social Studies

Honors U.S. History

This course covers the same general content as the on-track class; additional materials and requirements and an accelerated pace encourage higher expectations.

American Government

Offered as on track or dual credit, students will learn about the purpose of government. Students will learn about different forms of government and how they reflect the socio-economic priorities of a society. Students will learn the difference between local, state, and national governments. Students will learn about the role of the press. Students will learn about the development of political parties in the United States and how they have evolved into the current two-party system. Students will learn about the structure of the US Constitution. Students will see firsthand how the Constitution is relevant to today's issues. (One semester)

Applied Economics

Offered as on-track or dual credit, this course gives students an overall view of today's economy and their role as consumers in it. Students participate in discussions, classroom activities and computer-based simulations. One simulation focuses on students managing businesses in a competitive business environment while another allows students to control the economy through monetary and fiscal policy. Students use the Internet to research and complete a simulation on the stock market. (One Semester)



Social Studies Electives/Dual Credit

World Geography

Covers basic elements of physical geography and an emphasis on understanding of various cultural areas of the world. The course provides students with an understanding of the many cultures with whom we share this planet. Maps, videos and Internet research are used

Psychology

Offered as on track or dual credit, this course discusses both the physical brain and the theoretical brain. It emphasizes all aspects of the mind, mental states and processes. Group activities, discussions, case studies, research and hands-on activities are used. (One Semester)

Sociology

Offered as on track or dual credit, this course shows how cultural traits form behavior patterns for groups to follow. It examines how personality, social pressures and the family develop many aspects of society. (One Semester)

Dual Credit U.S. History

This course examines United States history from the American Revolution to the present. It is designed to provide students with a familiarity of the significant people, trends, and events that have shaped the history of the United States. In addition, the course is designed to develop students' analytical reading and writing skills, as well as hone their ability to think historically. This course will also introduce them to the tools and methods of historians.



World Languages

Grammar, writing, reading, translating and speaking are the essential components of the study of any world language. This department focuses on the essentials while also emphasizing an understanding of and appreciation for the diversity of this world that God has created. Our purpose is to build communication skills while creating an understanding and respect for world affairs, events and cultures.

The Department of World Languages offers:

- Up to 6 years of high school level study in 2 languages (French and Spanish)
- High school level courses available to junior high students who qualify



World Languages

Spanish or French I

This course teaches the basic language skills of writing, speaking and listening comprehension. Projects, computer programs, videos and guest speakers are incorporated to study the geography, culture, history and customs of each language's native countries. Prerequisite-Passing grade in English Junior High level (8th grade) students who begin high school level classes must have an "A" or "B" in English.

Spanish or French II

This course reviews and then builds upon the basics learned in the first year. More emphasis is placed on oral comprehension and verbal skill, with opportunities for the students to practice their conversational skills in the target language. Projects are incorporated to instill an understanding of and appreciation for this diverse world in which we live. Prerequisite: "C" or better in World Language I.

Spanish or French III

This honors level course reviews and builds upon the basics learned in the second year. Because only two continuous years of a world language are required for graduation, it is expected that students continuing on are serious about the language. Therefore, the majority of the course is taught in the target language and students are required to use the target language the majority of the time as well. Prerequisite: "C" or better in World Language II.



World Languages

Spanish or French IV, V, VI

These honor level courses continue to review and build upon the basics with progressive emphasis placed on written and oral communication and literature comprehension. Grammar principles are presented or reviewed, literature is analyzed, and historical and cultural topics are discussed in the target language. Much of these courses are conversational and students must use the target language to communicate at all times. Many projects are incorporated for the students to creatively express themselves using their language skills. Fourth, Fifth, and Sixth year courses are available. Prerequisite: "C" or better in World Language III.





Athletics Program



Students can also explore their God-given talents through our diverse and robust athletic program.

Fall Sports

High School	Football	Volleyball	Girls Tennis	Boy and Girls Cross Country	Boys and Girls Golf	Cheerleading
Junior High	Football	Volleyball	Co-ed Soccer	Boy and Girls Cross Country	Cheerleading	

Winter Sports

High School	Boys Basketball	Girls Basketball	Boys Bowling	Girls Bowling	Cheerleading
Junior High	Boys Basketball	Girls Basketball	Cheerleading		

Spring Sports

High School	Boys and Girls Track	Girls Soccer	Boys Tennis	Boys Baseball	Girls Softball	Bass Fishing
Junior High	Boys and Girls Track	Golf	Tennis			



CHRIST-CENTERED

Our core value of being Christ-Centered is the rock that holds everything together. Christ is the foundation of everything Rockford Lutheran School stands for. It informs our direction in Harmony, Service, and Excellence.



EXCELLENCE

- We can achieve a college acceptance rate that annually exceeds 90%.
- We can average an ACT of over 24.
- We can garner over \$7-9 million per year in college scholarships.

More importantly, we can train a generation that focuses on true excellence.



HARMONY

Diversity brings strength to our Lutheran family. All people are valued and welcomed.



SERVICE

We inspire our students to serve others--reflecting Christ in their lives.