



2025-2026

## HEALTH, DENTAL, EYE EXAMINATION & IMMUNIZATION REQUIREMENTS

**HEALTH EXAMS** – A student must present proof of having a physical exam (within the 365 days) *prior to entering*:

- \*Preschool (PK)
- \*Kindergarten (K)
- \*6<sup>th</sup> grade
- \*9<sup>th</sup> grade
- \*any student entering from out-of-state, regardless of grade level

**The State of Illinois “Certificate of Child Health Examination” form labeled “11/15” must be used. These forms are available at your doctor’s office.**

IESA/IHSA sports physical forms MAY NOT be used as the required school health exam.

If the student is required to have a sports physical in the year that coincides with the child health examination requirement, the Certificate of Child Health Examination may be accepted as proof of examination for interscholastic sports if the statement regarding participation in interscholastic sports is completed by the health care provider.

The required health exam, immunizations and lead screening may be obtained at the doctor’s office of your choice (chiropractic not accepted).

**New students who register after the first day of school have 30 days following registration to comply with the health examination and immunization requirements.**

Proof of IMMUNIZATION and required boosters against a number of communicable diseases is required per the State of Illinois (refer to the Illinois Department of Public Health Website for exact specifications). There are only two valid exemptions in Illinois to these requirements: *medical* or *religious* (both require signed documents from your health care provider).

**Students entering PK and K must show proof of LEAD SCREENING. It is mandatory for students living in ZIP codes 61101, 61102, 61103, and 61104.**

**State law requires that students *without* the required health exam, immunizations, and lead**

**screening are to be EXCLUDED from school attendance unless certain exceptions are met by October 15, 2025.**

**DENTAL EXAMS** – All Illinois children in K, 2<sup>nd</sup>, and 6<sup>th</sup>, and 9<sup>th</sup> grades are required to have an oral health exam by a licensed dentist *prior to May 15<sup>th</sup>* of the school year. If a student fails to present proof of exam, RLS may hold the student’s report card until written proof of exam is received. The State of Illinois Proof of School Dental Examination form is available at your Dentist’s office.

**School dental exams must have been performed within the 18 months prior to the May 15<sup>th</sup>, 2026 deadline.**

**EYE EXAMS** – All children enrolling in kindergarten and any student enrolling for the first time in a public, private, or parochial school (regardless of grade level) are required to have an eye exam *no later than October 15, 2025*. If a student fails to present proof of exam, RLS may hold the student’s report card until written proof of exam is received.

The eye exam must be completed by an optometrist or ophthalmologist. The State of Illinois Eye Examination Report form is available at your Optometrist/Ophthalmologist office.

**Eye exams must be performed within the one year (365 days) prior to the first day of the school year.**